Bourke Street Public School acknowledges the important role that nutritious food plays in the growth and development of children and is committed to providing students with a variety of healthy menu options every day.

We have made a few changes to the canteen menu this term which we hope students will enjoy. This is in addition to all our regular menu items including freshly made sandwiches, wraps and salads.

Just take a look at the new Term 3 2014 menu for all the details.

Elham looks forward to seeing you in the Canteen!

OMELLETTES AVAILABLE EVERY DAY
We have added a tasty egg, feta and spinach Omelette to the menu. It is available hot every day as is or, even better, on an English muffin with salad of your choice.

SNACK CUP SURVIVOR
Following the trial of new “go green” snack cups this year, we are pleased to say that Elham’s carrot sticks with hummus in the snack cup was hugely popular and will remain on the menu.

NEW DAILY SPECIALS
We have added three new hot dishes from Allied Chefs to our daily specials menu:

Monday:  Ravioli Napolitana
          Hakkien Noodles

Tuesday:  Sweet & sour chicken
          on fried rice

MORE SPARKLE TO THE DRINKS MENU
We are expanding the drinks menu this term to include Just Squeezed 100% pineapple juice as well as the refreshing Mount Franklin Lightly Sparkling Mineral Water with a Hint of Wild Berry. The Sparking Mineral Water as well as all fruit juice drinks sold at the Canteen which are 200ml or less are rated ‘GREEN’ by the Healthy Kids Association.

SUSHI SUCCCESS!
This year we changed sushi suppliers and trialed offering it on two days rather than one. The delicious Komachi Sushi has been a HUGE success and we encourage you to try it. We will continue to offer Komachi Sushi every Tuesday and Thursday and hopefully on even more days in the future if the success continues.

EVENTS – EVENTS – EVENTS!
Look out for more canteen news flyers this term as we participate in “Celebrate Canteen Week” from 28 July to 1 August including competitions and a Pizza Day. We will also announce the date and theme of our Special Food Day later this term.

CANTENE HELPERS NEEDED
In order to ensure the Bourke Street School Canteen service can continue to grow with the schools requirements, the P&C would like to call on all parents and carers who have some time, even if it is only a few hours a month, to become part of the BSPS Canteen volunteer network. Please drop into the Canteen and let us know if you can help or email:
Peter.Johnston@det.nsw.edu.au