Welcome to Bourke Street Public School’s **Bike 2 Bourke Challenge**, a program encouraging students to ride to school as much as possible.

In Terms 3 and 4, 2011, around ten to 15 students rode to school each day - a fantastic achievement for a school of just 90 children. The project is funded for a year by the City of Sydney Council until June 30, 2012.

**How the Bike 2 Bourke Challenge works**

Students who ride to school must sign their name on a chart pinned up in the school's foyer. At the end of each month, names are tallied and students who have ridden the most number of days are eligible to win small bike-related prizes and certificates.

Throughout term the program also includes:

- Cycle education sessions at the school and at the Community Road Education Scheme (CARES) Facility at Sydney Park;
- Biker Breakfasts at the school and;
- Cycling-related educational talks and workshops for the students

**General information about riding with children**


Information specific to **riding with children**:

“Footpaths: **Children under 12 years of age can ride on a footpath unless a sign indicates to the contrary. An adult who is riding in a supervisory capacity with a cyclist less than 12 years old, may also ride with the young cyclist on the footpath. All ages are allowed to cycle on a shared path where indicated by signage.**”

2. Information from the NSW Dept of Education and Communities relating to cycling to school:

3. Bicycle NSW information about children and cycling:


4. UK cycling with children resource for helping your child learn to ride:

http://www.sustrans.org.uk/assets/files/leaflets/sustrans_cyclingwithchildren_March08.pdf

How can you help out?

☐ Encourage your child to ride to school as much as feasibly possible. Research shows that children who exercise before coming to school perform better in lessons. Most important, is that your child rides safely to school, and has a good time doing it.

☐ We need keen parents who can assist with bike maintenance and cycle education sessions for the children.

Contact Project Coordinator Lydia Ho on 0404 098 671 or lydiaho71@gmail.com